

**AVAILABLE DAILY  
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m.



- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. Exercise and enjoy the beautiful Scenery.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL :** Pool tables are available Monday, Tuesday, Thursday & Friday from 8:00 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



- **CORN HOLE:** You can try your luck at Corn Hole games in the lower level Monday thru Friday from 8:00 a.m. to 3:45 p.m. Check with staff on the availability of the room when you come in.

**RAINBOW MESSENGER  
DECEMBER, 2013**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday from 9-10:30 a.m. Ryan is here to assist you and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.



**REGULAR SCHEDULED ACTIVITIES**

- **TLC CLASS (Tender Loving Crafts)**  
Everyone is welcome to participate in this fun easy going class held in the Craft Room. Betty Hoffman is the coordinator and she will assist you with all the craft projects. Class begins at **10:00 a.m. Tuesday** mornings. The studio fee is \$3.00 per session. Project supplies are at cost.



**December 3rd - Christmas Trees**  
**December 10th - Ornaments & Jewelry**  
**December 17th - Snow People**  
**No class:**  
**December 24th - Merry Christmas**  
**December 31st - Happy New Year**

- **BINGO:** Will be played at **12 p.m. Tuesdays, December 3rd & 17th.** We ask you to keep bills to \$5 and under. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. **\*\*\*You may want to bring a sweater or jacket, it sometimes gets cool.**

BINGO									
7	25	44	57	62					
15	22	40	50	70					
11	30		46	74					
2	28	37	55	68					
10	27	39	59	75					

- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays, December 3rd & 17th.**



- **SINGING SENIORS:** Have a busy month starting with entertaining at the Center's Christmas Party on December 11th. Then, Friday December 13th they will do their annual caroling at the nursing homes.



**Caroling Schedule**

**9:30 a.m. - Brookside Village**  
**10:30 a.m.- Providence Home**  
**11:00a.m. - 12:30 p.m. - Lunch at O.A.C.**  
**1:00 p.m. - Timbers of Jasper (Waters)**  
**2:00 p.m. - Northwood Retirement**  
**3:15 p.m. - St Charles (Social)**  
**All are welcome to attend any of the Performances!**

- **EXERCISE CLASS:** Is held every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!



- **WALK FIT VIDEO:** Come in at **9:45 a.m. on Monday & Thursday mornings** for a group fitness walk video. It is a great way to get your heart pumping and you go at your own pace! A staff member is with the group and will help guide you through the video.

## CARD TOURNEYS



- **Thursday, December 5th**  
**Cinch Tourney**
- **Thursday, December 12th**  
**Sheephead Tourney**
- **Thursday, December 19th**  
**Rum Tourney**
- **Thursday, December 26th**  
**Euchre Tourney**

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and prizes are awarded to 1st, 2nd & 3rd place. Please sign-up by 10:00 a.m. the morning of the Tourney you are playing in.

- **TEXAS HOLDEM:** Will be played **Monday, December 9th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives a cash prize. **Reservations are due by 3 p.m. Friday, December 6th.**

- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. on Wednesday, December 4th & Monday the 23rd.** It is a fun game that is easy to learn. Everyone is welcome! We play a quarter a game with the low score winning the game. Please call in by 10 a.m. if you are coming in to play.

- **PAY-ME:** A game similar to Rum but played with 3 decks of cards including the jokers will be played at **12:30 p.m. on Fridays, December 6th, & 27th and Wednesday the 18th.** Bring your change, we play for 10 cents a round and 25 cents a game. Please let us know by 10 a.m. if you are coming in to play.

## RAINBOW MESSENGER

- **TRIPOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. on Monday, December 2nd and Friday the 20th.** We have a lot of fun! Please call in by 10 a.m. game day if you would like to play.

- **SCRABBLE:** will be played at **12:30 p.m. on Tuesday, December 10th.** Give it a try you may like it! Please sign-up by 10 a.m. game day if you plan to attend.

- **PHASE-10:** Will be played on **Friday, December 13th & Monday the 30th at 12:30 p.m.** It is a fun easy card game. Please call in by 10:00 a.m. the day of the game if you would like to give it a try.

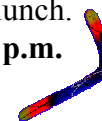
### \*\*\*SPECIAL ACTIVITIES\*\*\*

- **BOOK CLUB:** Is taking a break for the holidays. The first meeting if the New Year will be **Thursday, January 9th at 12:30 p.m.** The discussion will be on author Tami Hoag's book "**Deeper Than the Dead**". The setting is California; the year 1985.



Teacher Anne Navarre is close behind her 4 students when they find a body in the woods. She works with FBI investigator Vince Leone who uses a new technique called profiling to try and solve the case. Reviewers say the chilling premise and exciting twists make this a nail-biting thriller. New members are always welcome.

- **BOOMERAMA:** **Monday, December 16th at 12 p.m.** Becky Kirk with Western Southern Life will give a presentation titled, "**Estate Planning Fundamentals**". If you own property or if you have assets, regardless of how much or how little, you have an estate, and should have a plan in place for its distribution upon your death. There is no obligation and you will gain valuable information that you will be able to use. The presentation is free. There is a \$5.00 charge to cover the cost of the optional lunch. **Reservations are due by 3 p.m. Friday, December 13th.**



- **LUNCH BUNCH:** We invite you to join us at **Applebee's on Friday, December 20th at 11 a.m.** Their lunch special is select 2 from the following: soup salad, sandwich or pasta starting at \$5.99. They also have a full menu available. We always go "dutch treat". Come enjoy good food and visit with old friends & make new ones! Please make your **reservations by 3 p.m. Monday, December 16th.**



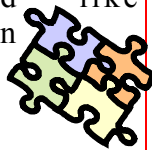
**RAINBOW MESSENGER**  
**DECEMBER, 2013**



- **Wii GAMES:** The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing and Baseball are available for you to play. For an aerobic workout we have Zumba & Just Dance programs.



- **PUZZLES:** We have one on the dining room table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.



- **MAH JONGG:** Originated in China & is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 1 p.m. and Fridays at 8:30 a.m.** New players are always welcome.

**\*\*\* 2014 NEWSLETTER\*\*\***



It is time to sign-up to have the 2014 Rainbow Messenger mailed to you each month. The fee for the entire year is \$7.00. Make checks payable to Older American Center & include your address. The newsletter is available free for you to pick up at the Center in Jasper, Huntingburg's Senior Center, Meadowood & Ferdinand's Center. Also available online at [www.jasperindiana.gov](http://www.jasperindiana.gov).

**DECEMBER TRIP**

**Derby Dinner Playhouse Trip**

Buses will leave the **Jasper Armory at 9:30 a.m.** and pick up passengers at **The Huntingburg United Methodist Church at 9:45 a.m. on Thursday, December 19th** We will attend the matinee performance of **"Winter Wonderettes"**. We should **return by 5 p.m. \*\*\* There are a limited number of tickets still available until Friday, November 22nd on a 1st come basis.** If you would like to go please call the Center as soon as possible. **Cost of the trip is \$58.00 and includes: transportation, dinner buffet and performance. \*\*\***



**The Staff of the Older Americans Center with the Jasper Park Department wishes everyone a Happy & Healthy Holiday Season! We want to thank all of the seniors who have helped us throughout this year. We appreciate everything you do for the Center. You are what makes it a great place to come!**



**Older American Center's  
Christmas Party**

We hope you have made your reservations for the Center's Christmas Party to be held at **Noon on Wednesday, December 11th. If you haven't you can still make them until 3 p.m. Tuesday, November 26th.** Your cost for the Christmas Party is **\$11.00.** The festivities start with Catering by Meyer with a menu that includes: beef tips over noodles or grilled chicken breast, dressing & gravy, green beans, 7-layer salad, homemade bread, and peach cobbler. Drinks will be decaffeinated coffee or unsweetened iced tea. Following the meal our Singing Seniors will provide us with some holiday music. We will also draw for door prizes. The rest of the afternoon can be spent visiting or playing games with your friends. **If you plan on parking at The Center please carpool if possible.** A shuttle will run every 15 minutes from the Armory parking lot to the front door of The Center from 10 a.m. until 3 p.m. We hope you take advantage of our "valet service."



**Center Closed for Holidays**



**Tuesday & Wednesday  
December 24th & 25th  
&  
Tuesday & Wednesday  
December 31st & January 1st  
We look forward to seeing you  
in 2014!**

- **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day. Thank you!!

- **MILL VOLUNTEERS NEEDED:**

The Mill is looking for individuals to greet customers and sell souvenirs. If you are interested in volunteering on Saturdays or Sundays, please call the Park & Rec. office at 482-5959.



- **BOOK SHELF:** Thanks to the generosity of so many, we have a great selection of books for you to borrow. They are located on the 2 bookshelves in the computer room.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

# HAPPY BIRTHDAY

## DECEMBER

1<sup>st</sup> Mildred Kavanaugh  
2<sup>nd</sup> Carol Krodol  
3<sup>rd</sup> Marian Hopf  
4<sup>th</sup> Louise Ubelhor  
5<sup>th</sup> Shirley Knust  
11<sup>th</sup> Aline Weyer  
14<sup>th</sup> Mariemma Huebner  
22<sup>nd</sup> Margaret Wylucki  
27<sup>th</sup> Marjorie Lampert  
30<sup>th</sup> Barney Moeller  
30<sup>th</sup> Betty Stenftenagel  
31<sup>st</sup> Pat Dunkel



# Anniversaries

## DECEMBER

6<sup>th</sup> Vicki & Leroy Welp  
29<sup>th</sup> Marjorie & Alphonse Lampert



## Recipe Exchange

### Margie's Dressing



#### Ingredients:

2-3 chicken breasts, cooked & chopped  
3 beaten eggs  
3 cups chicken broth  
1 can cream of mushroom soup  
1 onion  
1½ cups diced celery  
2 cups shredded cheddar cheese  
4 cups ritz crackers, crushed  
½ teaspoon salt  
½ teaspoon pepper

#### Directions:

Preheat oven to 350°. Mix all ingredients together. Pour mixture into a large baking dish. Bake 1 to 1½ hours.

Submitted by: Margie Bachman

Have a good recipe to share? Give it to one of the staff and we would be happy to publish it.